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My daughter, Kelly, is 9 years old and has PDD. She had gone to an autistic school until this past year (she transitioned to our neighborhood public school), and had been on the GFCF diet for close to two years. I always felt I had been missing a piece of the puzzle with her, and want to try NAET (Nambudripad's Allergy Elimination Technique).

Dr. Perry had a consultation with us in June 2003, which was very thorough and unrushed. This was very unusual, since most doctors that Kelly has seen did not show this much interest. I was confused why the GFCF diet or enzymes didn't work with Kelly, until Dr. Perry told me she might not be allergic to gluten or casein. As with many children on the autism spectrum, sleep patterns are often interrupted, and Kelly was no exception, so I wondered about that as well. Of course, I was very excited to get started, and see if Kelly could be helped in a way that was not invasive, but with positive results.

As we began our treatments, Kelly didn't seem to be allergic to ones I thought she would have a problem with (Grains, Whey, Food Colorings, Food Additives. All of these items we tried to avoid, but her body didn't have a problem processing them. After she was treated for fluoride, her appetite improved, itching subsided, and yeast infections were gone. Serotonin was difficult to clear (2 treatments), but the benefits were outstanding. Kelly goes to sleep at night, and stays asleep. This is a major benefit for Kelly, and the rest of the family. She would wake at night for close to 2 hours, and there was nothing that would help. It makes sense, since Serotonin is one of the brain enzymes responsible for relaxation. Other allergens that Kelly reacted to were Lactose, she can process better and doesn't have diarrhea. Last summer, I had enrolled Kelly in a special needs art class. While in the class they had paints and magic markers, and I didn't understand why Kelly was running around and acting out of character. When I took Kelly to Dr. Perry's the next week, she reacted very strongly to the markers and was treated. At the next art class, Kelly sat and acted appropriately because she was no longer reacting to the markers. She also reacted to beta-carotene, and I was giving her carrots everyday in her lunch. No wonder the teachers said she does great in the morning, under after lunch. At a treatment last week, Kelly reacted to the pituitary gland and zinc, the next day she seemed able to regulate herself better when things didn't go her way.

I think Dr. Perry has greatly improved Kelly's day-to-day life, and I wish I had started sooner.

Denise Luca