

My name is Brian and I am ten years old. My food allergies **were** all nuts, vegetables, fruit, shellfish, soy, sesame, peanuts, corn and pretty much everything outside! I never felt like a normal kid because if someone brought in food at school or a party they would always say "can you eat this?" Some of the foods were such common things such as bread and cookies. How embarrassing because they were told in the beginning of school about allergies in the classroom and still they made a big deal over everything. I remember one time in second grade a boy in my class brought in cupcakes with sprinkles on them. Even though the nurse tells everyone that they must be peanut-free the parents ignored the rules. I couldn't believe that after school the mother said to me sorry you couldn't eat them. So, obviously she didn't make a mistake she just didn't care. That was very mean and hurt me so much. The cupcakes looked so big and delicious! I was crying when I got home and nothing could make me feel better.

I wish people would understand how hard it is being the kid with allergies and that I have feelings too. I even had to eat at a separate table at lunch because of peanut butter. They act like you have some disease and can't speak to any other kids at different tables. I would actually get in trouble if I wandered away from my table. Talk about annoying lunch aides and their whistles.

Another time that I was very upset was in the summertime. My mom said we were going to pack healthy snacks for the pool. She packed some fruit like watermelon, honeydew and cantaloupe of course I needed benadryl immediately. You would think kids wouldn't want fruit and vegetables but when you can't eat them it is not good. My mom tried hard to help me in any way but she was told from my allergist that I had a rare condition and would have to avoid all these foods. My mom would not take that for an answer!

In February my mom took me to Dr. Perry Wolk- Weiss. For the first

time I was given some hope. I was allergic to many of the vials in the beginning. It took a couple of weeks of NAET but didn't hurt to make me not allergic anymore. I think I failed so many vials but Dr. Wolk-Weiss was making my body better. By the time I was done with basic I wanted watermelon to try first. He had to do three different combinations and NAET treatments but, I am eating yummy delicious watermelon now!!!

It has only been two months but my life has changed. I used to feel sorry for myself and feel different. I can eat peanut butter, shrimp, fruit, vegetables, sesame and so much much more!!!!!! I love Reese's and eat them with my best friend Connor! For my end of the year party this year my mom is going to bring in watermelon and I am going to eat the biggest slice.

Nobody can realize what NAET has done for me. I call Dr. Perry Wolk-Weiss the "MIRACLE MAN". I tell everyone about him. Not living with the fear of food allergies is awesome! I wish all doctors would try to understand what NAET does and stop telling people there is no hope! There is and people need to go to him to get help. I did and now I feel like a normal kid again.

The Happiest Kid Ever,

Briar Gates